# est certificate

## Certificate

### TEST CERTIFICATE

**Product Name:** 

MYX Studio 5 Bike with Arm -White

Mfr Part Number:

LA-BIKE-WHI-002

Serial Number:

MYXW2109-L12865

Date of Test:

2021-10

Tested By:

祝娟





19 W. Elm St. Greenwich, CT 06830 USA (203) 302-7000 DESIGNED IN THE USA MADE IN CHINA



#### **MYX FITNESS** BIKE ASSEMBLY INSTRUCTIONS

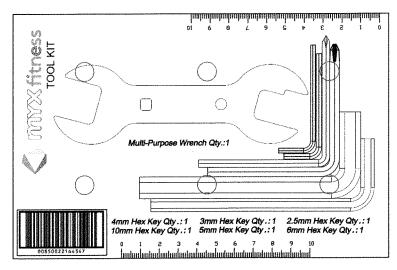
#### Parts Needed:

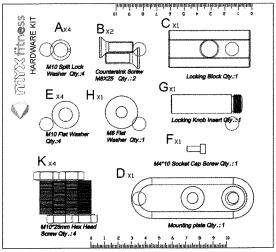
- I. MYX Bike Set (this box)
- II. MYX tablet computer (UPC 850013974702) Attached in Home
- III. HR Monitor (Strap to bike before delivery)

TOOLS needed: Hubs. Please procure a 15 mm open end torque wrench for use in tightening pedals, and an Allen / Hex wrench set for all other bolts.

Included tools are intended for customer adjustments or assembly.

This Parts/ Tool Card is packed within each MYX Bike Set box.





#### Instructions:

1. Remove components from Styrofoam packaging inside Myx Bike Shipping Box

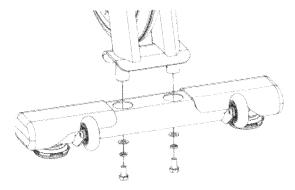
(Main Frame, Front & Rear stabilizer bases, Seat & rail, Seat Post, Seat post locking bolt, Handlebars, Handlebar Post w/Rail, Handlebar locking knob, Handlebar rail cap & screw, 2 Pedals, SPD shoe clips, Parts Card, and mounting Arm.

See the Assorted Connectors & Tools (shown on the parts card above... the Part Numbers A – K will be referenced below).



- 2. Assemble BASE: Assemble both of the Base Stabilizer pieces to the main bike frame using:
- (2) M10 x 25mm Hex Head screws (pt K on card),
- (2) M10 Split Lock washers (pt A), and
- (2) M10 flat washers (Pt E).

The front base is shown below... wheels facing front.



3. Assemble SEAT POST to Seat Rail: Slide the Bike Seat w/Rail onto the Seat Post assembly.



You will need to pull down the locking pin on the Seat Post (blue arrow) assembly so the seat will slide on properly.

4. Insert the Seat Post Locking Bolt into the rear of the Bike Frame



Insert the T handle Seat Post Locking bolt into the rear of the bike frame and tighten the steel bolt with a wrench: med-tight.

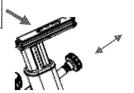
You can now insert the seat post & seat by loosening the plastic T-handle (turn counter-clockwise) and then pulling it out (spring loaded) as you slide in the seat post.

Once the seat post is in the bike frame, release the T handle and tighten the seat post in place by turning the plastic T handle clockwise until snug. This is how a consumer adjusts the seat height.



5. HANDLEBARS: Assemble the Handlebars to the Handlebar Post Rail

HandleBar Post Rail



Plastic T handle locking bolt... allows adjustment of handlebars up and down.





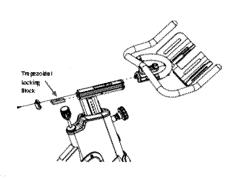


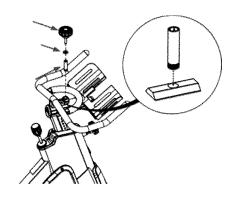


a. Insert the Trapezoidal "Locking Block" (Part C on parts card = beveled steel plate with threaded hole) into the back of the handle bar post rail as shown. (1st picture). Slide it forward so you can see the hole in the locking block from the oval opening in the top of the handlebar post rail.

- b. Slide the handlebars onto the handle bar post rail. (2<sup>nd</sup> picture). Line up the round hole in the handlebars so its directly over the hole in the Trapezoidal "locking block" (3<sup>rd</sup> picture)
- c. Insert the threaded "locking knob insert" tube (item G on parts card... 4<sup>th</sup> picture) into the hole... press down while screwing the locking knob insert tube (through the handlebars) into the Locking Block which is below. Make sure it engages with the threads (or handlebars will be loose)! ... tighten with included 10 mm Allen wrench.

See Illustrations below for complete view ..







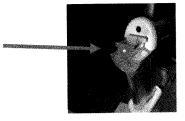
## **MYX** fitness





- d. Locate the handlebar locking knob ( $1^{st}$  picture) and M8 flat washer (part H on card). Screw the locking knob into the hole above the handlebars until snug ( $2^{nd}$  picture). Handlebars should be tight. This knob can be loostened by consumers to move handlebars back and forth.
- e. After the handlebars are attached, affix the Handlebar rail cap onto the end of the Handlebar slide rail with the included bolt (F).

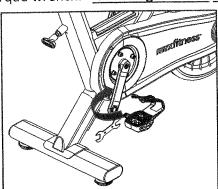




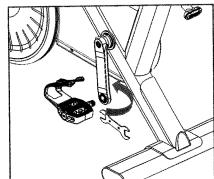
6. PEDALS: Apply a small dab of Loctite sealant to each of the pedal threads. Screw the pedals into the bike crank arms on each side placing the Right Pedal (R sticker on right pedal) into the Right crank (regular threads) ... Left Pedal (L sticker on pedal) into left crank (reverse threads... left-handed. Rotate each pedal to bottom or back of bike for easy access... tighten very tight (33-37 ft-lb) using a 15mm open end torque wrench. Shoe cages MUST face forward...



ORIENT FACING FORWARD...
inserted shoe would point
towards front of Bike



Right Pedal
Regular Thread Direction =
Tightens Clockwise.
33-37 ft - lb



Left Pedal Reverse Thread Direction = Tighten Counter Clockwise 33-37 ft-lb



7. Attach the computer tablet mounting arm to the handlebar assembly.

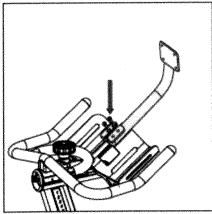
Place the mounting arm (left picture shows the arm and oval mounting plate) underneath the handlebar bottle water holder aligned with **the oval opening** (not the round hole) (2nd picture). Fasten the arm to the handlebars by inserting (2) M8 screws through oval mounting plate, into the oval hole in the handlebar opening, and into the holes in the mounting arm below. Tighten screws with hex wrench to prevent movement of monitor arm. Insure correct alignment of the plate (long end is at bottom), and make sure arm comes straight out from bike before tightening the screws.











8. Place all tools, extra parts, and paperwork in the separate carry bag included with your order. (or a small box). Strap the Heart Rate monitor to the bike frame or handlebars. THESE SHOULD BE

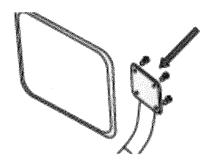
<u>DELIVERED TO CUSTOMER</u> with the assembled Bike.

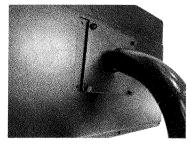


#### MONITOR ASSEMBLY NOTE: SHOULD ONLY BE DONE IN CUSTOMERS HOME

1. Attach Computer monitor to Mounting Arm.

Remove the Monitor from the packing box. The 4 mounting screws are included, already screwed into the back of the computer monitor. Remove the screws. Align the square plate of the mounting arm with the square recessed area on the back of the tablet computer. Insert & tighten the 4 screws using a hand held Phillips head screwdriver tool.





2. Connect the 3 power cord pieces to the computer.

The computer connection cord is integrated into the handlebar post rail (1st picture on left below). Find the other 2 power cords either within the computer box (small rectangular box) or with the Bike accessories. (or both).

Remove the plastic plug from the elbow of the mounting arm (picture 2 below). Thread the computer connection power cord through mounting arm, and through the plastic plug connector. Re-insert the plastic plug into the elbow with the cord protruding from the hole in the plastic plug. Leave approximately 12" of power cord protruding from plug for clearance. Plug into the bottom of the tablet computer. (picture 3)

Connect the other 2 pieces of power cord. The wall plug (with 6 ft cord) plugs into any 120V wall outlet, and into the power brick. The power brick has a short cord which plugs into the front center base of the bike. Power on the computer by pressing the power button on lower right side for 2 sec.







Mounting arm is hollow... insert cord through hole in base and pull through elbow. Leave about 12" of cord protruding from the elbow...